APPLICABILITY OF TELEMEDICINE IN SRI LANKA CARDIAC DIAGNOSIS AS A CASE STUDY

MASTER OF BUSINESS ADMINISTRATION

IN

INFRASTRUCTURE

UNIVERSITA JE MORATUWA, SRI LALIVA MORATUWA

M. D. B. Dharmathilake

Department of Civil Engineering

University of Moratuwa

September 2006

University of Moratuwa

87268

87268

301(0) si

APPLICABILITY OF TELEMEDICINE IN SRI LANKA CARDIAC DIAGNOSIS AS A CASE STUDY

 $\mathbf{B}\mathbf{y}$

M. D. B. Dharmathilake

Supervised by Prof. N. D. Gunawardane



The Dissertation was submitted to the Department of Civil Engineering of the University of Moratuwa in partial fulfilment of the requirement for the Degree of Master of Business Administration.

Department of Civil Engineering
University of Moratuwa
September 2006

DECLARATION

T certify that this thesis does not incorporate without acknowledgement any material previously submitted for a degree or diploma in any University to the best of my knowledge and belief it does not contain any material previously published, written or orally communicated by another person or myself except where due reference is made in the text. I also hereby give consent for my dissertation, if accepted, to be made available for photocopying and for interlibrary loans, and for the title and summary to be made available to outside organizations"



4/09/2006

M. D. Bandujeewa Dharmathilake (Candidate)

Date

To the best of my knowledge, the above particulars are correct.

UOM Verified Signature

Prof. N.D. Gunawardene (Supervisor)

Abbreviations

ADSL Asynchronous Digital Subscriber Line

AHB Annual Health Bulletin

APDIP Asia Pacific Development Information Programme

CT Computerised Tomography

Df Degree of Freedom

ECG Electro Cardiogram

HIS Hospital Information System

ICT Information and Communication Technology

ISDN Integrated Services Digital Network

ISRO Indian Space Research Organisation

LAN Local Area Network

LRH Lady Ridgeway Hospital for Children

MOH Ministry of Health

MRI Magnetic Resonance Imaging

University of Moratuwa, Sri Lanka.

MRO Medical Record Officer

NHSL National Hospital of Sri Lanka

OTRI On line Telemedicine Research Institute

ROI Return On Investment

SHO Senior House Officer

SLT Sri Lanka Telecom Ltd

SSD Standard Deviation of Sample

TM Telemedicine

UNDP United Nations Development Programme

URL Universal Recourses Locator

WHO World Health Organization

List of Figures

Figure 1-1 Distribution of Rural Hospitals and Peripheral Units in Sri Lanka.	4
Figure 1-2 Distribution of Provincial and Teaching Hospitals in Sri Lanka	5
Figure 1-3 Distribution of Base Hospitals in Sri Lanka	6
Figure 3-1, Benefits and Costs Factors	34
Figure 4-1 Distribution of Beds (2001)	36
Figure 4-2, Distribution of Medical Officers (2003)	37
Figure 4-3, Distribution of Specialists	38
Figure 4-4 Distribution of Admissions NHSL	41
Figure 4-5 Distribution of Admissions to Teaching Hospital, Kandy	41



List of Tables

Table 1-1 Bed Occupancy in Hospitals	2
Table 1-2 Distribution of Patient Beds in the Country by Speciality, Decembe	r
2000	7
Table 2-1 Cost Consequence matrix	28
Table 3-1 Basis for the questionnaire for the Cardiologist	31
Table 4-1 Distribution of Specialists by District, September 2000	40
Table 4-2 Reason for transfers NHSL -2004	42
Table 4-3 Transfers for the cardiac diagnosis to Kandy Hospital per week	43
Table 4-4 Summery of the Consultants Consent/Attitude	50



Executive Summary

Access to reasonable health care throughout the country is very essential. It can be seen not only in Sri Lanka even in the developed world normally a satisfactory access to health care is mainly concentrated to the urban areas.

Normally those who are living in the rural remote area are the poor, who do not have sufficient income for enjoying the urban life. Therefore it is very essential for the development of the county to provide the requirements of health care for those who are unable to access it.

The aim of this study was to identify the possibility of applying the fast developing telemedicine application in the world to fill the gap of insufficient access to health care by the remote poor.

The technology is available in the world and continues to be popular. However, there are no positive signs of successful implementation in Sri Lanka. I have defined the applicability with four parameters in the Sri Lankan context, as; (1) Sufficient areas of clinical applications, (2) positive consent from the Clinical Consultants, (3) availability of the Technology, (4) benefits higher than the cost of implementation.

With the statistic data from the health care institutions and through the interviews, I have assessed the application areas. The consent of the consultant was accessed through a questionnaire targeting the applicability for cardiac diagnosis.

The main technical barrier is the high cost of access to broadband data transmission and the availability of the same throughout the country.

Most difficult and not yet definitely proven in the world is the economy of the application of this nature. It was identified the complexity of devising a system for the evaluation of the real benefits and cost of telemedicine.

However, as the final out come I could identify the benefits and cost factors to be considered for the evaluation before deciding to implement an ICT solution for Sri Lanka. The acceptances of these factors were verified with a questionnaire.

It could found that a health telemetric system has been already in place in the country as a pilot project, which has been donated by WHO. It could identify that this is too not put into the expected utilization due the required other recourses are not available.

Therefore, best solutions is the first put this pilot project in to maximum utilization after removing the barriers for the success and evaluate the benefits and effectiveness before deciding further projects.

Our neighbouring country India is presently using telemedicine extensively in the country and we can learn a lot on the feasibility of application of the same in Sri Lanka.



Acknowledgment

At this point I have to give my special thanks to all who helped me in different ways to make this study a success and finally submitting the completed thesis in this manner.

First of all I have to give my special gratitude to my supervisor, Prof. N. D. Gunawardane for the guidance and courage given to me beside his busy academic and administrating activities. From the day one of selecting this area as my research, he guided me throughout so that I have been able to finally produce this as the outcome.

Next, I have to give my thanks to the officials who helped me in different ways to get the required data collected to complete the study. Among this Mr. J.L.M.K. Jayathilake (Deputy Director General of Ministry of Health) guided and arranged the required official permissions to visit and collect the required information for me. In addition Dr Palitha Gunawardene (In charge of the Telemedicine Unit at Kandy) supported me explaining the existing system.

I have to thanks all the consultant cardiologists who helped me in different ways giving their view on the subject even with very busy routine activities. Also I have to mention here the support given by Dr. Hector Weerasinghe (Director NHSL), Dr Anil Jasinghe (Director Accident Service), and Dr Samarasinghe (Director Kandy Hospital) in different ways to make my study a success.

In addition the engineers and the officials in the ministry of health who helped me in giving their views and comments are highly acknowledge with thanks.

Also to the staff of the library in the university of Moratuwa and the British Council, has to be acknowledge with thanks for the support extended to me to reach literature those very difficult for the free access.

Table of Contents

ABBREVI	ATIONS	IV
LIST OF F	FIGURES	V
LIST OF T	TABLES	VI
EXECUTI	VE SUMMARY	VII
ACKNOW	LEDGMENT	IX
1. INTR	ODUCTION, OBJECTIVES AND SCOPE	1
	NTRODUCTION	
	DBJECTIVES	
	COPE	
	RATURE REVIEW	
	NTRODUCTION	
	CLINICAL APPLICATION OF TELEMEDICINE	
2.2.1	Teleconsultation	
2.2.2	Telepathology	
2.2.3	Teledermatology	
2.2.4	Teleradiology	
2.2.5	Telepsychiatrics	17
2.3	TELEMEDICINE IN DEVELOPING COUNTRIES	17
2.3.1	Usage of ICT in Sri Lankan Health Sector	19
2.3.2	Telemedicine in Sri Lanka	19
2.3.3	Telemedicine in India	21
2.4 I	How the projects are funding	23
2.4.1	The Case of India	25
2.5	Cost Effectiveness or Cost Benefits	25
3. MET	HODOLOGY OF STUDY	30
3.1	NTRODUCTION	30
	Mapping Sufficient Areas of Clinical Application to the bility"	31
	Mapping Positive Consent from the Consultants" to the bility	3
3.4	Mapping =Availability of Technology"	32
35 1	REVIEW RENEFITS AND COST OF IMPLEMENTATION	32

4.	DAT	TA ANALYSIS AND OUTCOMES	35
	4.1	Introduction	35
	4.2	ASSUMPTIONS	35
	4.3	DISTRIBUTION OF HEALTHCARE SERVICE AND RESOURCES WITHIN	
	Count	RY	
	4.4	PATIENT TRANSFERS TO TERTIARY CARE INSTITUTIONS	
	4.5	REASON FOR TRANSFERS	
	4.6	TRANSFERS FOR THE CARDIAC DIAGNOSIS ONLY	
	4.7	INFORMATION NEEDED FOR THE CARDIAC DIAGNOSIS	45
	4.8	CONSENT FROM THE CONSULTANTS FOR THE APPLICABILITY	46
	4.9	TECHNOLOGICAL FACTORS	50
	4.9.1	Capability Of The Existing Medical Diagnosis Equipments	51
	4.9.2	2 Capabilities of the new diagnosis Equipments	51
	4.9.3	Telecommunication infrastructure.	52
	4.10 THE E	VERIFICATION OF THE BENEFITS AND COST FACTORS IDENTIFIED FOR VALUATION.	. 53
	4.10		
	4.10	Electronic Theses & Dissertations	57
	4.10	The second secon	60
5	. co	NCLUSIONS AND RECOMMENDATIONS	. 61
	5.1	Conclusions	. 61
	5.2	RECOMMENDATIONS	. 62
F	REFER	ENCES	. 64
A	NNEX	URE A	. 67
		TIONNAIRE FOR CARDIOLOGIST	
A	-	URE B	
•	EVAL	JATION OF COST AND BENEFITS FACTORS OF REMOTE PATIENT DIAGNOS	ıs
		ICT	
F		URE C	
	Survi	ey on Cardiac Diagnosis in Teaching Hospital Kandy	. 77
Ä	NNEX	URE D	. 78
	RESPO	NSES TO THE QUESTIONNAIRE FOR THE CARDIOLOGIST	. 78
F	NNEX	URE E	80
	ΔΝΔΙ	VSIS OF THE RESPONSES FOR THE BENEFITS AND COST FACTORS	80

ANNEXURE F	83
TELEMEDICINE SYSTEM IMPLEMENTED BY WHO AT KANDY	83
ANNEXURE G	84
QUALITY OF IMAGES TRANSFERRED USING THE SYSTEM IN KANDY	84
ANNEXURE H	85
EXTRACTS FROM A MANUFACTURE OF TELE-ECHOCARDIOGRAPHY SOLUTIONS.	85

